

## Guide #1: Find Your Strengths

Print this sheet and complete it as you go through the lesson. Save this information...it holds some of your clues to career success.

### Your Talents and Strengths

What is the 20% spike and how does it relate to career success? \_\_\_\_\_

\_\_\_\_\_

What activities or skills have you learned easily and naturally and with great enjoyment? \_\_\_\_\_

\_\_\_\_\_

What do friends, family, colleagues compliment you for or take for granted you'll do well? \_\_\_\_\_

\_\_\_\_\_

### Your Self Assessment

What assessment did you chose? \_\_\_\_\_

What was one thing you learned from it? \_\_\_\_\_

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\_\_\_\_\_

### Your Next Step

How will you use this information to help you find career success? \_\_\_\_\_

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